

Hair Loss for Women

Written by Administrator
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Female hair loss may be stopped with the right treatment.

Hair loss in females, while often less noticeable than male hair loss, can be far more emotionally damaging. Women have fewer options for a hair loss remedy than men and often suffer the pain of thinning hair in more personal ways. While women can suffer female pattern baldness with thinning in the crown, temples and hairline, they also are more likely to have a diffuse hair thinning throughout the entire scalp which limits their hair restoration options.

Causes of female hair loss

1. Hormones?

One cause of hair loss in women can be hormonal imbalances. Having an overactive or under active thyroid gland may cause thinning hair. Treating the thyroid disease will usually help this type of hair loss. Hormones can also cause hair loss if female hormones (estrogens), are out of balance. However, if the hormone imbalance is corrected, the hair loss should stop.

2. Child Birth?

Child birth may result in sudden hair loss in women. It's common for many women to notice hair loss after pregnancy - imately 3 months after they've had a baby. This too, is caused by hormones. But this is not something to worry about. During pregnancy, hair shedding during the normal hair cycle is retarded in by high levels of hormones. Once the hormones have returned to pre-pregnancy levels, this extra hair is shed with the normal cycle of hair growth and loss returning over time.

3. Hair Loss from Menopause and Hormonal Therapies?

Some causes can come from hormonal therapies such as Progesterone, a female hormone that inhibits the development of a new follicle. Hair loss and menopause are commonly linked and result in thinning hair in older women. Before menopause, about 13 percent of women

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experience hair loss. After menopause, reporting of the problem from women increases to about 37 percent.

Female Hair loss can be treated.



But many women involved with this online community have restored their hair with the help of legitimate hair loss treatments and physicians.

However, treatment options for women are more limited than those available to men. The drug Propecia and similar DHT blocking drugs should not be taken or even handled by women due to the high risk of birth defects.

The popular topical treatment Rogaine for women (minoxidil) can be used by women. And many women do hair restoration surgery to restore their hair.

However, for some women the causes of their hair loss are much more complex than the classic "male pattern baldness". Thus proper diagnosis of the underlying cause is vital before any hair loss treatments are attempted.

Hair transplants can work for women:

Hair transplant can be effective for treating female hair loss if it is concentrated in a particular area, much like the classic "male pattern baldness" seen in men.

Current hair transplants are so natural that even a hair stylist can't tell.

Surgically lowering a female hairline

Some women naturally have a high hairline, which can make them look masculine or older. This is not due to hair loss but rather their heredity. Although transplanting hair to recreate a lower hairline is an option, such transplantation normally requires multiple sessions to create a hairline that is sufficiently dense.

There is an alternative surgical procedure that can lower the person's hairline in one session. This outpatient surgical hairline procedure involves excising excess tissue immediately below the existing hairline and then moving the hairline forward and down. This procedure can also be combined with a brow lift to give the patient additional benefits.